



The Simmering Cauldron Newsletter

Summer
Solstice
2015

A mystical and magical resource based in Mid Wales

Shop address – 7 Shortbridge Street, Newtown, Powys, SY16 2LW

8000 Ancient sites in Sardinia!

We were in our element – problem was what to leave out! We started with two places nearby – a Nuragic site (Bronze Age tower and fortified village) and then a domus de janas (House of the Fairies or of the Witches) followed by a prehistoric altar. Later we visited more Nuragic towers, a sacred cave and a sacred well sanctuary.

Sardinia occupies a central position in the western Mediterranean, is the second largest island and many of the prehistoric sites are unique. The cave we visited in Ozieri was the location where most of the finds relating to the Ozieri Culture (3200 to 2800 BCE) were found. The Ozieri villages were located both in plain and mountain areas. They were formed by small stone huts, with a circular (rarely rectangular) wall supporting a wooden frame with a ceiling of boughs. The villages had no walls, and findings of weapons in the tombs are scarce: the Ozieri civilization was thus perhaps a peaceful one.

Domus de janas consist of several chambers quarried out between 3400 and 2700 BC by the Ozieri and Beaker cultures and resemble houses in their layout. A necropolis of them at the site of Anghelu Ruju near where we were staying consists of 38 tombs some carved with bulls' heads. The walls are often decorated with magical reliefs. The corpses, painted with red ochre like the tomb's walls, were buried together with common life objects, jewels and tools. It is thought, they were buried under shells of molluscs.

Monte d'Accoddi is a pyramid, the only one known on Sardinia. It has a ramp, a menhir, a dolmen and a stone sphere. All of which makes it unique, not just on the island, but the entire Mediterranean Sea, and perhaps the entire world. There is no other site in the world that has all of these items all in one place. The site is unique and a complex puzzle! The main structure itself resembles the ziggurats, temple towers of Mesopotamia. Ziggurats are thought to represent a cosmic axis, a bridge between heaven and earth and unlike the pyramids of Ancient Egypt, they had a temple on top – like most Mexican pyramids. Why a standing stone and a dolmen would stand on either side of the ramp is impossible to explain. The closest parallel to a standing stone one might find elsewhere in this position is with the obelisks that often stood at both sides of an entrance into an Egyptian temple. It reminded us of the step pyramids we saw in Tenerife and Mexico – small world!



The omnipresent (over 7000 on the island) Nuraghi (1800-500 BCE) were used as watchtowers, sacred areas for religious ceremonies and meeting places at the centre of, sometimes fortified, villages. These, unique to Sardinia constructions, were fascinating with the larger ones an absolute maze of rooms, courtyards and corridors.



Finally we visited the late Bronze Age sacred well of Santa Cristina dedicated to water worship. A monumental staircase of 25 steps leads down to an underground chamber. The chamber has a hole at the top to let light filter to the water pool at the bottom. The well is surrounded by stone houses and stalls used during celebrations. some theories suggest that the sanctuary could have been also a place for astronomical observation and analysis as at a particular time of year, the moon is reflected in the bottom of the well.

As ever on our travels we get more questions than answers!!

Tony

Tarot and Psychic readings at The Simmering Cauldron

We are pleased to announce that Harry has recently joined the team at The Cauldron. Harry is a tarot reader of considerable years' experience, who has appeared on Sky TV. He is available on Tuesday mornings and some Saturdays.

Harry joins Sue Townsend, renowned local psychic who is available alternate Saturdays including 20th June, or at other times by prior appointment.

Both our readers have recently received well-deserved accolades. Harry recently had a 'difficult' reading with a lady, only to discover afterwards that she is a spiritualist medium. She said that Harry had been the only person ever to give her a meaningful reading. We were very proud indeed!

Sue recently read for Stephen Cox, psychic artist from Glastonbury (www.stephencoxart.com), who said how impressed he was with what Sue had told him. Stephen recorded the reading at the time and phoned the other day to say that he had listened to the recording several times and has now been inspired to paint for her. We are all excited to see what transpires!

Hop over to our group and page on Facebook to check availability for both readers. Or give me a bell on 07801 060 616

Angela

Want to contact us?

Angela – angela@thesimmeringcauldron.co.uk

Tony – tony@thesimmeringcauldron.co.uk

Two great events ahead

- Buxton Health and Healing Festival
- Somerset Healing Weekend

Details below

We look forward to meeting friends old and new



Current

Cauldron Card Offer

Summer special

FREE Pack of Om incense
when spending over £5

Don't forget to flash your CC when you shop!

Offer for limited period

Conditions apply

See us at the Oak and Ivy Fairy Festival

Sunday 5th July
Elephant and Castle Hotel, Newtown

**EXTRA EXTRA
Shop Open
that day
12 - 2**



Our Diary for May – June 2015

Newtown shop opening hours **Tuesday – Friday 10.00 – 5.00**
Saturday 10.00 – 4.00

Notice - We endeavour to keep the Shop open whilst we are away on holiday or attending events but this may not always be possible. We apologise for any inconvenience this may cause

27 th & 28 th June	Health and Healing Festival, The Pavilion, Buxton Derbyshire
Sunday 5 th July	Oak & Ivy Faery Festival, Elephant & Castle Hotel, Newtown Shop also open that day 12 - 2
10 th – 12 th July	Healing weekend, Secret World, Highbridge, Somerset