



The Simmering Cauldron Newsletter

Spring
Equinox
2016

A mystical and magical resource based in Mid Wales

Shop address – 7 Shortbridge Street, Newtown, Powys, SY16 2LW

Tintagel

After attending this year's Cornwall Conference we revisited nearby Tintagel, exploring the Castle and venturing into 'Merlin's Cave'. A wonderful 'almost spring' activity, crashing waves, strong breeze and the screech of seabirds. Merlin's Cave was believed to be the hiding place where the wily wizard hid the new-born Arthur from potential harm by enemies of the Pendragon crown. The cave is open at both ends and runs underneath the headland on which the castle is built. Eerie!



Tony

Wessex PF Conference

Saturday 9th April
Whitminster Village Hall, Gloucestershire
Talks, stalls and music
<http://conference.pfwessex.org.uk>

This year's Wessex PF Conference is going to be held closer to home, just south of Gloucester. Better than the last two in Devizes and Taunton! It is a full day with 4 talks, including Ronald Hutton, stalls (including guess who) and evening entertainment with Tinkerscuss and Finnegans Wok. The cost for the whole event is £20 for PF members and £24 for non-members. Day or evening tickets are also available. Check out more details on their website – it will be a great day out.

We may be closing for a few days in April!

We are planning some major reorganisation and refurbishment in the shop including new flooring and changing the display layout. We will confirm the days and dates as soon as they are fixed. Please accept our apologies for the disruption but anticipate that it will result in an even better shopping experience.

Featured items updated again!

Check out our Featured items web page to see details of a selection from our wide range of goodies. Featured items is just part of our 'Distance shopping' facility. If you are not able to get to the shop for any reason why not order or reserve your requirements for collection or postage directly to you. For more details go to the Distance Shopping page on the website.



Current **Cauldron Card** Offer

FREE 3D bookmark

when spending over £5
Don't forget to flash your CC when you shop!
Offer for limited period
Conditions apply

An Oil and a Crystal for the Equinox

Well, the Spring Equinox is upon us and it's time to start engaging again; putting all those ideas and inspirations into practice that we have incubated over the dark months. Here are a couple of crystals and oils that can help push you forward.

Bergamot

As well as being an excellent oil for inclusion in skin care oils and creams, it has sunny, anti-depressant qualities which can calm and soothe anxiety and increase confidence. It is a superb oil to 'get you moving' and acts against PMT and SAD. Used in a massage blend or an oil diffuser, it



is useful in regulating the appetite (great for dieters!) and for recuperation from illness.



Fluorite

Another aid to wake up your sensibilities, fluorite is a stone of progress, helping dissolve fixed ideas and 'stuck' patterns of behaviour, including the breaking of bad habits. It moves us beyond a narrow view to see the 'bigger picture' helping us to process information and aid with quick thinking. It is also a highly protective stone which cleanses the aura and deals with computer and electromagnetic stress.

Angela

Magazines and CDs in Book Corner

We have always had a 'bargain book corner' back in the days of the market stall and at events but now we have increased it to include CDs and a few magazines.

There is also a good selection of Tarot divination and wellbeing packs, also at very competitive prices.

Browse the corner next time you're in.



Our Diary for 2016

Newtown shop opening hours Tuesday – Friday 10.00 – 5.00
Saturday 10.00 – 4.00

Notice - We endeavour to keep the Shop open whilst we are away on holiday or attending events but this may not always be possible. We apologise for any inconvenience this may cause

Saturday 9 th April	PF Wessex Conference, Whitminster, Gloucestershire
Monday 2 nd May	Green Man Festival, Clun, Shropshire
Sunday 3 th July	Mid Wales Fairy Festival, Elephant and Castle Hotel, Newtown
Friday 8 th – Sunday 10 th July	Healing Weekend, Nr. Highbridge, Somerset