



The Simmering Cauldron

A mystical & magical resource from Mid Wales

www.thesimmeringcauldron.co.uk

Candle Magic



Introduction

Candle magic is an art which harnesses the power of Fire, that element which is the most basic of sacred necessities. The art involves candles, colour, oils and powerful visualisation.

The candles chosen should be small; most workings require the candle to burn out completely, which can be a waste if you have to use a large dinner candle, for example. For best results, the candle should be 'solid colour', not one that is merely dipped in colour. In magic, the candle becomes a focal point for concentrative energy and the colour adds strength of correspondences to that energy. The candle chosen should be unused and burnt down completely or discarded.

Prior to being burnt, candles should be 'dressed'. This involves rubbing them with oils. Magical oils add further corresponding energies to the magic. It is possible to buy so called 'magical oils' which are synthetic; these were never formed within living plant tissues. Essential oils, which are born of plants, have a direct link with the earth and have been nourished by soil, sun and rain. As we too are of the earth, we can merge the energy of true essential oils with our own to create needed change. In magic, the use of true essential oils is mandatory; synthetics don't work!

Dressing the candle

This means rubbing the candle with an appropriate oil. Methods vary, but it is usual to rub the candle from the base to the tip to bring in Earth energies and from the wick to the base to call spiritual energies. Alternatively, to call things to you, start from the bottom of the candle and rub towards the middle, then from the top towards the middle. Conversely to send something away, start from the middle of the candle and work towards the ends. Use the time of dressing the candle to focus on the desired outcome of your working by visualising the end result as already being a reality. It is this power to visualise strongly upon which all magical success depends.

Carving candles

Occasionally a candle may be used to represent a person, in which case, the name can be carved or scratched onto a candle of an appropriate colour. For example in a healing spell, the person's name could be carved onto a blue candle before dressing with a suitable oil.

Colour correspondences

Choose a candle which brings in the appropriate energy for the working, as follows

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|---------|---|
| Green; | prosperity, fertility, emotional healing, wealth, relationships, general luck |
| Red; | passion, vitality, courage, survival issues |
| Blue; | healing, peace, sleep, diplomacy, exam success, healing arguments |
| Yellow; | mental powers, intellect, hope regeneration, study, career success |
| Purple; | psychism, magical powers, wisdom, spirituality, mental expansion, inner happiness |
| White; | general workings, blessings, protection, focus, clarity, new ventures |
| Orange; | physical healing, legal matters, self confidence, success, prosperity, creativity |
| Black; | banishing illness, hex breaking, exorcisms, letting go of grief or guilt. |

A simple working for financial/business success

Set out your equipment in the place where you want to conduct the ritual.

You will need; an orange or green candle, candles for general lighting, matches or a lighter, an essential oil for financial success such as bergamot, basil, cinnamon or patchouli, or a Money blend.

You may wish to take a ritual bath beforehand to which a purifying oil has been added or you may wish to smudge yourself with white sage.

Enter the ritual area and light the general candles. Cast a circle if it is your usual practice.

Spend a few minutes focusing on your goal in quiet meditation. Write down your goal on a small piece of paper or parchment.

Take up the oil and dress the candle in the appropriate manner for calling to you. Visualise your intended outcome as powerfully as you can.

Place the parchment under the candle and light the candle.

Allow the candle to burn out, then bury the parchment.

Anoint yourself with the Money oil each day for seven days.

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